

Drugs Package (SECONDARY)	
Priority:	Reducing substance misuse
Healthier Behaviour Outcomes:	<p>Choose 2 of the following:</p> <p>1) To increase the number of young people with a good knowledge of the risks involved both directly and indirectly with a range of drugs</p> <p>2) To increase the number of young people that feel confident about making their own informed choices relating to healthy lifestyles</p> <p>3) To increase the number of young people that can say that they feel confident about accessing help relating to drug misuse</p> <p>4) To reduce the number of young people who are involved in drug incidents in school</p> <p>(NB: you can focus upon alcohol or tobacco for any of the above if you wish)</p>
Activities:	<p>Needs analysis:</p> <ul style="list-style-type: none"> ○ Carry out baseline data gathering ○ Refer to school drug related incidents/exclusions log ○ Review current PSHE education provision <p>Planning and preparation:</p> <ul style="list-style-type: none"> ○ Review current drugs policy <p>Implementation:</p> <ul style="list-style-type: none"> ○ Staff training to increase: <ul style="list-style-type: none"> ○ confidence in teaching effective drug education ○ knowledge about drug misuse ○ confidence in managing drug related incidents ○ ability to signpost young people to appropriate support services ○ Purchase and integrate new drug education materials ○ Develop and deliver peer education programmes (E.g. 'Frank's Friends' at Wiltshire College or ASSIST etc) ○ Organise and run drug awareness event for parents ○ Develop targeted drug education for vulnerable pupils/known drug users (E.g. YPSS 'Life Matters' programme) ○ Develop provision of drug related support for young people (E.g. school health drop-ins, smoking cessation support, referrals to Motiv8 etc)

	<p>Ensure that you:</p> <ul style="list-style-type: none"> ○ Develop a whole school approach to addressing drug issues, reflected in drug policy ○ Fully involve young people in the development of their drug education ○ Set up/use cluster school council network to audit pupil perceptions and to consult with pupils about the activities planned for Healthy Schools Plus ○ Embed HS+ outcomes in the SEF and school development plan
<p>PDE Team Support:</p>	<ul style="list-style-type: none"> ○ Inset / central staff training around drug awareness/ education/ managing incidents from PDE team ○ Peer education training for pupils ○ Support with drug awareness parents events ○ Lesson planning ○ Guidance on appropriate resources ○ Policy development ○ Lesson observations
<p>Suggested resources:</p>	<ul style="list-style-type: none"> ○ Other training: <ul style="list-style-type: none"> ○ Wiltshire Substance Use Screening Tool (SUST) Contact: Margaret Winskill Margaret.winskill@wiltshire.nhs.uk ○ Smoking cessation (NHS Wiltshire) Contact: Sandra Scovell Sandra.scovell@wiltshire.nhs.uk ○ Christopher Winter Project resources www.tcwp.co.uk ○ Drug Education resources from Tacade www.tacade.com ○ HIT – resources for drugs and alcohol education www.hit.org.uk ○ BIIAB Level 1 Certificate in Alcohol Awareness Contact: Marie Wood mariewood@wadworth.co.uk
<p>Early Success Indicators:</p>	<p>Process:</p> <p>Eg.</p> <ul style="list-style-type: none"> ○ Teachers feeling more confident about teaching drug education by month/year ○ Teachers have increased knowledge about drugs by month/year ○ Staff feel more confident to manage drug related incidents by month/year ○ Staff are more able to signpost young people to support services by month/year ○ New drug education materials purchased by month/year ○ Peer education programme set up by month /year ○ Drug awareness parent's event run by month/year ○ Targeted programme of drug education in place for vulnerable pupils by month/year ○ Drug related support for young people set up by month/year <p>Impact:</p>

	<p>1) To increase the number of young people with a good knowledge of the risks involved both directly and indirectly with a range of drugs to X by month/year</p> <p>2) To increase the number of young people that feel confident about making their own informed choices relating to healthy lifestyles to X by month/year</p> <p>3) To increase the number of young people that can say that they feel confident about accessing help relating to drug misuse to X by month/year</p> <p>4) To reduce the number of young people who are involved in drug incidents in school to X by month/year</p>
<p>Source of Baseline Information:</p>	<p>1) Knowledge drugs quiz (see sample sheets)</p> <p>2) In situations where drugs (including alcohol and tobacco) are involved. I can...</p> <p><input type="checkbox"/> always make a healthy choice</p> <p><input type="checkbox"/> mostly make a healthy choice</p> <p><input type="checkbox"/> not usually make a healthy choice</p> <p><input type="checkbox"/> never make a healthy choice</p> <p>3)</p> <p>a) Do you know where you could get support about drugs (other than friends and family)?</p> <p><input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes (please specify):.....</p> <p>b) If you answered yes, would you contact these yourself if you needed help with drugs?</p> <p><input type="checkbox"/> No</p> <p><input type="checkbox"/> Yes</p> <p>4) <i>Check school drug incidents log</i></p>